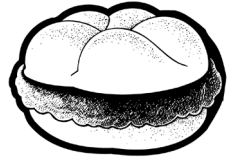




Your Worthy Matron, Sister Diana,
would like you to join her for a summer

“NO PICNIC” PICNIC

Summer is here, and don't you know,
It's time for a project, the very best kind...
one with no nuisance of any kind.



Just read the menu and make up a meal,
and share it with family or friends, that's the deal.

And don't forget the “NO” means
NO – it's all on paper you know.

**NO Frills NO Fats NO Calories NO Cholesterol NO Rain
NO Ants NO Date NO Place NO Flies NO Mosquitos**

Hot Dog with roll.....	\$1.00	Slice of Watermelon.....	\$.25
Hamburg with roll.....	\$1.25	Watermelon Seeds.....	FREE
Cheeseburger with roll.....	\$1.50	Cake (a slice).....	\$.50
Lobster Roll	\$1.50	Cookies	\$.25 each
Potato Salad	\$.50	Drink	\$.50 each
Macaroni Salad	\$.50	Cover Charge	\$1.00
Cole Slaw	\$.50	Reserved Chair Rental	\$.75
Baked Beans.....	\$.50	TOTAL _____	

NO TIPS OR GRATUITY NECESSARY, BUT YOU CAN
ADD MONIES TO THE GENERAL FUND.

**You won't get sunburned and you won't get bit,
and we know that the food you eat won't make you sick.**

SO...SEND IN YOUR CHECK AND MAKE A BIG HIT!

NAME _____ TOTAL Enclosed _____

Thank you, your participation is most appreciated. Check Number _____

Make checks payable to:
Palestine Chapter No. 114

and mark memo:
NO PICNIC



Send to:
Palestine Chapter No. 114
Diana T. Spurrell
135 Littlefield Lane
Marlborough MA 02752-1796

SUNFLOWERS ...



Sunflowers turn according to the position of the sun. In other words, they “chase the light.” You might already know this, but there is another fact that you probably do not know!



Have you ever wondered what happens on cloudy and rainy days when the sun is completely covered by clouds? Perhaps you think the sunflower withers or turns its head towards the ground.

Well, that’s incorrect! This is what happens:
They turn towards each other to share their energy.



Nature’s perfection is amazing. Now let’s apply this reflection to our lives. Many people may become low-spirited, and the most vulnerable ones, sometimes, become depressed.



How about following the example of the beautiful sunflowers (*i.e.* “*Supporting and empowering each other*”) Nature has so much to teach us.



Wishing everyone a “Sunflower” trait of turning towards each other on their cloudy and gloomy days.
Spread goodness and it will come back to you.

*Star Hugs and Love,
Diana and Jim*